



Because every single child counts.



GOLDKIND offers competent help for children and young people in dysfunctional families, for adult relatives and professionals.

First aid for children in parental crises

Up to four million children in Germany live with mentally ill parents and suffer from a dysfunctional family situation. The **GOLDKIND** Foundation supports these children and young people directly with low-threshold digital offers. Especially those who suffer unrecognized: problems with narcissistic parents or mental illnesses are often unnoticed. **GOLDKIND** uses the advantages of interactive media:

www.goldkind-stiftung.de is a modern digital mental health platform that offers immediate help for those affected – anonymously and easily accessible. **GOLDKIND** has also set itself the goal of raising social awareness of the issue.

Our care is dedicated to:

- ◆ Children and young people with parents who have mental health problems or illnesses
- ◆ Other affected adults/partners, caregivers
- ◆ Teachers and school psychologists
- ◆ Educators, social workers, youth welfare workers
- ◆ Experts from teaching and research (therapy, youth welfare)
- ◆ Society and politics



What we offer

GOLDKIND helps various target groups free of charge in multiple ways:

Our team of therapists provides advice three times a week via anonymous chat as well as via video consultation and by email. **GOLDKIND** offers age-appropriate tips and information, e.g. in videos, podcasts and audio meditations, sensitive (audio) books, viable tips for self-help and background information.

We also provide – free of charge – further training for their practical work for interested parties and professionals who are in daily contact with children.



Who we are

GOLDKIND is committed to an open approach to mental illness and its consequences. To ensure professional quality, the advisory board is closely involved in the work of the foundation. The non-profit foundation GOLDKIND, founded in 2021, is based in Munich, Germany, and is operating only in Germany.



www.goldkind-stiftung.de

Goldkind



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